

NARRABEEN LAKES SAILING CLUB NEWSLETTER.
SAILFISH DIVISION - MAY, 1981.

Report From Our Publicity and Statistics Man.

After 12 heats as at 29th. March '81, the Point Score for the best 8 heats of the leading 6 competitors are as follows:-

<u>Sailor.</u>	<u>Junior H'cap (mins)</u>	<u>Championship Point Score.</u>	<u>Handicap Point Score</u>
Warren Jones	Scr.	6	54.1
Paul Kelly	Scr.	9	25.1
Russell Ansems	4	37.5	40.4
Neil Guy	5	60.7	44.1
Astrid Norton	8	76.8	46.1
Daren Norton	7 (Sail 1925)	78.8	58.1

Hi there,

Just a little bit of gossip. There is a rumour going around that Astrid has bought her way into the championships by buying one of the best boats around (namely yours truly's) and by the way she handled it in the race the other week, I think we'll have to watch out for her. (Just because the Nortons have so many Sailfish this doesn't mean that they have bought shares in the company).

During the Easter point score the youngest of the Nortons showed his hand by winning 2 of 6 races which gave him the title.

Enough of the Norton family. Next season the Jones family will have 2 new Sailfish on the water and ready to not only race but to win the National titles. (Is there an old man's prize?). I've heard on the grape vine that Mr. Watts will be joining "my old man" (what a laugh - eh! - I can just imagine it, especially "my old man" with his knees!

P.T.O.

TIPS. (from a pro)

Loose Rig:- This is used in medium winds on. This is so the mast can stand straight up when going downwind and lean back when going upwind.

Tight Rig:- Only used in light airs - say 5 knots and under, so the rig is held rigid and doesn't slop and shake the wind out of the sail.

P.S. Don't put your boat in moth balls yet. Remember last year's nationals - everybody's boat fell to pieces - so be better prepared this year and start NOW!

Warren.

"WATT'S YOUR OPINION ? "

General interest in the Sailfish is on the increase. Many people I know told how well the piece on Simon Townsend's Wonder World was done. They did an excellent job of promoting the class and this should hopefully bring more younger sailors into the class.

I feel that the older generation (16 years old to ? years old) should get a closer look at the Sailfish to see that it could also appeal to them. To do this, I suggest the Association try to obtain a stand at the Sydney Boat Show later this year. The show in the past has helped many classes to gain recognition by the general public and this would be the place to publicise the Sailfish.

Pamphlets may be printed on the history, design, cost etc., of the Sailfish and perhaps this would boost class numbers and promote interest in the Sailfish.

David Watts ("Spot On")

Thanks for your contribution, David. We hope a few more sailors - and parents - will contribute to our newsletter.

The Life of a Lone Woman Sailfish Sailor at Narrabeen.

Being the only woman sailfish sailor, I feel I should express my opinion of this sailing class. When I first started sailing my boat at Narrabeen Lakes, I found the other sailors - all boys - very helpful. They gave me pointers on how to rig my boat better, and of course, how to sail better. Now, two boats later, I'm pleased to say that I took their advice and am improving steadily each week.

Because of the popular opinion that my sailing would "improve out of sight" if I entered and sailed in the State titles, I obliged. Due to my efforts, and the help from the boys in this class, I came in in the position of 12th. out of 17. This pleased me immensely, as I also came in 5th. on handicap.

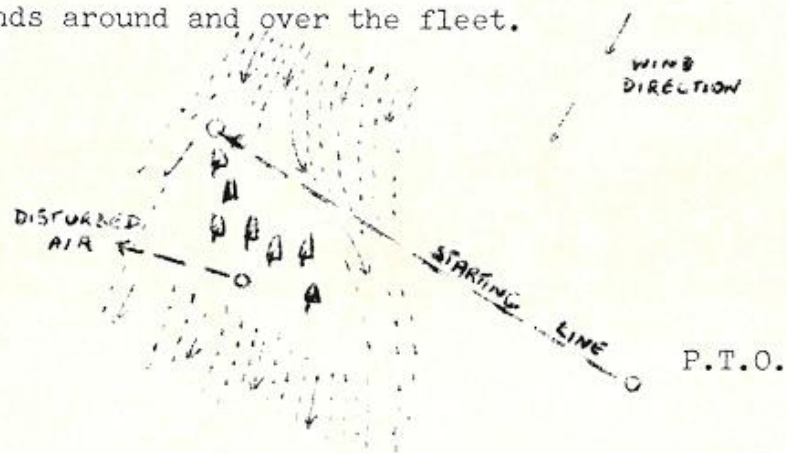
I'd really like to thank all those people who encouraged and helped me along to becoming a better sailor. I'd especially like to thank Ian Milton who gave me the moral support that I needed to get this far with my sailing. Astrid Norton.

SPECIAL FEATURE - STARTING.

A good start is one of the main influences on your position at the finish. If you get off to a bad start, you are sailing in the rest of the fleet's bad air.

The definition of a good start isn't that you were at the pole end and had what seemed to be clear air but whether you got what you had planned, e.g. one side of the course may have had more advantaging wind lifts than the other and therefore you wanted to be first there.

Another point of consideration is the one that the wind bends around and over the fleet.



STARTING (Contd.)

When starting, it is very important to use the rules to your advantage. Don't be afraid to push someone over the line or protest if a collision occurs and you believe yourself to have been in the right.

The Golden Rules for starting are :-

- 1) Fight for CLEAN AIR
- 2) Go for TOP BOAT SPEED
- 3) THINK AHEAD
- 4) AVOID TROUBLE
- 5) Retain FREEDOM OF MANOEUVRE

Ian Milton.